

# John Locke on Personal Identity: Man Knows Himself by His Consciousness

by John Locke

Excerpted from *An Essay Concerning Human Understanding*, Book II, Chapter 27.

. . . . To find wherein personal identity consists, we must consider what *person* stands for—which, I think, is a thinking intelligent being, that has reason and reflection, and can consider itself as itself, the same thinking thing, in different times and places; which it does only by that consciousness which is inseparable from thinking, and, as it seems to me, essential to it: it being impossible for any one to perceive without *perceiving* that he does perceive. When we see, hear, smell, taste, feel, meditate, or will anything, we know that we do so. Thus it is always as to our present sensations and perceptions: and by this every one is to himself that which he calls *self*—it not being considered, in this case, whether the same self be continued in the same or divers substances. For, since consciousness always accompanies thinking, and it is that which makes every one to be what he calls self, and thereby distinguishes himself from all other thinking things, in this alone consists personal identity, i.e. the sameness of a rational being: and as far as this consciousness can be extended backwards to any past action or thought, so far reaches the identity of that person; it is the same self now it was then; and it is by the same self with this present one that now reflects on it, that that action was done.

But it is further inquired, whether it be the same identical substance. This few would think they had reason to doubt of, if these perceptions, with their consciousness, always remained present in the mind, whereby the same thinking thing would be always consciously present, and, as would be thought, evidently the same to itself. But that which seems to make the difficulty is this, that this consciousness being interrupted always by forgetfulness, there being no moment of our lives wherein we have the whole train of all our past actions before our eyes in one view, but even the best memories losing the sight of one part whilst they are viewing another; and we sometimes, and that the greatest part of our lives, not reflecting on our past selves, being intent on our present thoughts, and in sound sleep having no thoughts at all, or at least none with that consciousness which remarks our waking thoughts—I say, in all these cases, our consciousness being interrupted, and we losing the sight of our past selves, doubts are raised whether we are the same thinking thing, i.e. the same *substance* or no. Which, however reasonable or unreasonable, concerns not *personal* identity at all. The question being what makes the same person; and not whether it be the same identical substance, which always thinks in the same person, which, in this case, matters not at all: different substances, by the same consciousness (where they do partake in it) being united into one person, as well as different bodies by the same life are united into one animal, whose identity is preserved in that change of substances by the unity of one continued life. For, it being the same consciousness that makes a man be himself to himself, personal identity depends on that only, whether it be annexed solely to one individual substance, or can be continued in a succession of several substances. For as far as any intelligent being *can* repeat the idea of any past action with the

same consciousness it had of it at first, and with the same consciousness it has of any present action; so far it is the same personal self. For it is by the consciousness it has of its present thoughts and actions, that it is *self to itself* now, and so will be the same self, as far as the same consciousness can extend to actions past or to come; and would be by distance of time, or change of substance, no more two persons, than a man be two men by wearing other clothes to-day than he did yesterday, with a long or a short sleep between: the same consciousness uniting those distant actions into the same person, whatever substances contributed to their production.

That this is so, we have some kind of evidence in our very bodies, all whose particles, whilst vitally united to this same thinking conscious self, so that *we feel* when they are touched, and are affected by, and conscious of good or harm that happens to them, are a part of ourselves; i.e. of our thinking conscious self. Thus, the limbs of his body are to every one a part of himself; he sympathizes and is concerned for them. Cut off a hand, and thereby separate it from that consciousness he had of its heat, cold, and other affections, and it is then no longer a part of that which is himself, any more than the remotest part of matter. Thus, we see the *substance* whereof personal self consisted at one time may be varied at another, without the change of personal identity; there being no question about the same person, though the limbs which but now were a part of it, be cut off.

But the question is, Whether if the same substance which thinks be changed, it can be the same person; or, remaining the same, it can be different persons?

And to this I answer: First, This can be no question at all to those who place thought in a purely material animal constitution, void of an immaterial substance. For, whether their supposition be true or no, it is plain they conceive personal identity preserved in something else than identity of substance; as animal identity is preserved in identity of life, and not of substance. And therefore those who place thinking in an immaterial substance only, before they can come to deal with these men, must show why personal identity cannot be preserved in the change of immaterial substances, or variety of particular immaterial substances, as well as animal identity is preserved in the change of material substances, or variety of particular bodies: unless they will say, it is one immaterial spirit that makes the same life in brutes, as it is one immaterial spirit that makes the same person in men . . .

But next, as to the first part of the question, Whether, if the same thinking substance (supposing immaterial substances only to think) be changed, it can be the same person? I answer, that cannot be resolved but by those who know there can what kind of substances they are that do think; and whether the consciousness of past actions can be transferred from one thinking substance to another. I grant were the same consciousness the same individual action it could not: but it being a present representation of a past action, why it may not be possible, that that may be represented to the mind to have been which really never was, will remain to be shown. And therefore how far the consciousness of past actions is annexed to any individual agent, so that another cannot possibly have it, will be hard for us to determine, till we know what kind of action it is that cannot be done without a reflex act of perception accompanying it,

and how performed by thinking substances, who cannot think without being conscious of it. But that which we call the same consciousness, not being the same individual act, why one intellectual substance may not have represented to it, as done by itself, what *it* never did, and was perhaps done by some other agent—why, I say, such a representation may not possibly be without reality of matter of fact, as well as several representations in dreams are, which yet whilst dreaming we take for true—will be difficult to conclude from the nature of things. . . . But yet, to return to the question before us, it must be allowed, that, if the same consciousness . . . can be transferred from one thinking substance to another, it will be possible that two thinking substances may make but one person. For the same consciousness being preserved, whether in the same or different substances, the personal identity is preserved.

As to the second part of the question, Whether the same immaterial substance remaining, there may be two distinct persons; which question seems to me to be built on this,—Whether the same immaterial being, being conscious of the action of its past duration, may be wholly stripped of all the consciousness of its past existence, and lose it beyond the power of ever retrieving it again: and so as it were beginning a new account from a new period, have a consciousness that *cannot* reach beyond this new state. All those who hold pre-existence are evidently of this mind; since they allow the soul to have no remaining consciousness of what it did in that pre-existent state, either wholly separate from body, or informing any other body; and if they should not, it is plain experience would be against them. So that personal identity, reaching no further than consciousness reaches, a pre-existent spirit not having continued so many ages in a state of silence, must needs make different persons. . . . I once met with one, who was persuaded his had been the *soul* of Socrates . . . would any one say, that he, being not conscious of any of Socrates's actions or thoughts, could be the same *person* with Socrates? Let any one reflect upon himself, and conclude that he has in himself an immaterial spirit, which is that which thinks in him, and, in the constant change of his body keeps him the same: and is that which he calls *himself*: let him also suppose it to be the same soul that was in Nestor or Thersites, at the siege of Troy, . . . which it may have been, as well as it is now the soul of any other man: but he now having no consciousness of any of the actions either of Nestor or Thersites, does or can he conceive himself the same person with either of them? Can he be concerned in either of their actions? attribute them to himself, or think them his own more than the actions of any other men that ever existed? So that this consciousness, not reaching to any of the actions of either of those men, he is no more one *self* with either of them than of the soul of immaterial spirit that now informs him had been created, and began to exist, when it began to inform his present body; though it were never so true, that the same *spirit* that informed Nestor's or Thersites' body were numerically the same that now informs his. For this would no more make him the same person with Nestor, than if some of the particles of smaller that were once a part of Nestor were now a part of this man the same immaterial substance, without the same consciousness, no more making the same person, by being united to any body, than the same particle of matter, without consciousness, united to any body, makes the same person. But let him once find himself conscious of any of the actions of Nestor, he then finds himself the same person with Nestor. . . .

But though the same immaterial substance or soul does not alone, wherever it be, and in whatsoever state, make the same *man*; yet it is plain [that] consciousness, as far as ever it can be extended—should it be to ages past—unites existences and actions very remote in time into the same *person*, as well as it does the existences and actions of the immediately preceding moment: so that whatever has the consciousness of present and past actions, is the same person to whom they both belong. Had I the same consciousness that I saw the ark and Noah's flood, as that I saw an overflowing of the Thames last winter, or as that I write now, I could no more doubt that I who write this now, that saw the Thames overflowed last winter, and that viewed the flood at the general deluge, was the same *self*—place that self in what *substance* you please—than that I who write this am the same *myself* now whilst I write (whether I consist of all the same substance material or immaterial, or no) that I was yesterday. For as to this point of being the same self, it matters not whether this present self be made up of the same or other substances—I being as much concerned, and as justly accountable for any action that was done a thousand years since, appropriated to me now by this self-consciousness, as I am for what I did the last moment.

*Self* is that conscious thinking thing—whatever substance made up of, (whether spiritual or material, simple or compounded, it matters not)—which is sensible or conscious of pleasure and pain, capable of happiness or misery, and so is concerned for itself, as far as that consciousness extends. Thus every one finds that, whilst comprehended under that consciousness, the little finger is as much a part of himself as what is most so. Upon separation of this little finger, should this consciousness go along with the little finger, and leave the rest of the body, it is evident the little finger would be the person, the same person; and self then would have nothing to do with the rest of the body. As in this case it is the consciousness that goes along with the substance, when one part is separate from another, which makes the same person, and constitutes this inseparable self: so it is in reference to substances remote in time. That with which the consciousness of this present thinking thing *can* join itself, makes the same person, and is one self with it, and with nothing else; and so attributes to itself, and owns all the actions of that thing, as its own, as far as that consciousness reaches, and no further; as every one who reflects will perceive.

In this personal identity is founded all the right and justice of reward and punishment; happiness and misery being that for which every one is concerned for *himself*, and not mattering what becomes of any *substance*, not joined to, or affected with that consciousness. For, as it is evident in the instance I gave but now, if the consciousness went along with the little finger when it was cut off, that would be the same self which was concerned for the whole body yesterday, as making part of itself, whose actions then it cannot but admit as its own now. Though, if the same body should still live, and immediately from the separation of the little finger have its own peculiar consciousness, whereof the little finger knew nothing, it would not at all be concerned for it, as a part of itself, or could own any of its actions, or have any of them imputed to him.

This may show us wherein personal identity consists: not in the identity of substance, but, as I have said, in the identity of consciousness, wherein if Socrates and the present mayor of

Queenborough agree, they are the same person: if the same Socrates waking and sleeping do not partake of the same consciousness, Socrates waking and sleeping is not the same person. And to punish Socrates waking for what sleeping Socrates thought, and waking Socrates was never conscious of, would be no more of right, than to punish one twin for what his brother-twin did, whereof he knew nothing, because their outsides were so like, that they could not be distinguished. . . .

But yet possibly it will still be objected—Suppose I wholly lose the memory of some parts of my life, beyond a possibility of retrieving them, so that perhaps I shall never be conscious of them again; yet am I not the same person that did those actions, had those thoughts that I once was conscious of, though I have now forgot them? To which I answer, that we must here take notice what the word *I* is applied to; which, in this case, is the *man* only. And the same man being presumed to be the same person, *I* is easily here supposed to stand also for the same person. But if it be possible for the same man to have distinct incommunicable consciousness at different times, it is past doubt the same man would at different times make different persons; which, we see, is the sense of mankind in the solemnest declaration of their opinions, human laws not punishing the mad man for the sober man's actions, nor the sober man for what the mad man did, thereby making them two persons: which is somewhat explained by our way of speaking in English when we say . . . one is 'not himself,' or is 'beside himself'; in which phrases it is insinuated, as if those who now, or at least first used them, thought that self was changed; the selfsame person was no longer in that man.

But yet it is hard to conceive that Socrates, the same individual man, should be two persons. To help us a little in this, we must consider what is meant by . . . the same individual *man*.

First, it must be either the same individual, immaterial, thinking substance; in short, the same numerical soul, and nothing else.

Secondly, or the same animal, without any regard to an immaterial soul.

Thirdly, or the same immaterial spirit united to the same animal.

Now, take which of these suppositions you please, it is impossible to make personal identity to consist in anything but consciousness; or reach any further than that does.

For, by the first of them, it must be allowed possible that a man born of different women, and in distant times, may be the same man. A way of speaking which, whoever admits, must allow it possible for the same man to be two distinct persons, as any two that have lived in different ages without the knowledge of one another's thoughts.

By the second and third, Socrates, in this life and after it, cannot be the same man any way, but by the same consciousness; and so making human identity to consist in the same thing wherein we place personal identity, there will be difficulty to allow the same man to be the same person. But then they who place human identity in consciousness only, and not in something

else, must consider how they will make the infant Socrates the same man with Socrates after the resurrection. But whatsoever to some men makes a man, and consequently the same individual man, wherein perhaps few are agreed, personal identity can by us be placed in nothing but consciousness, (which is that alone which makes what we call *self*) without involving us in great absurdities.

But is not a man drunk and sober the same person? why else is he punished for the fact he commits when drunk, though he be never afterwards conscious of it? Just as much the same person as a man that walks, and does other things in his sleep, is the same person, and is answerable for any mischief he shall do in it. Human laws punish both, with a justice suitable to *their* way of knowledge—because, in these cases, they cannot distinguish certainly what is real, what counterfeit: and so the ignorance in drunkenness or sleep is not admitted as a plea. [For, though punishment be annexed to personality, and personality to consciousness, and the drunkard perhaps be not conscious of what he did, yet human judicatures justly punish him because the fact is proved against him, but want of consciousness cannot be proved for him.] . .

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Nothing but consciousness can unite remote existences into the same person: the identity of substance will not do it; for whatever substance there is, however framed, without consciousness there is no person: and a carcass may be a person, as well as any sort of substance be so, without consciousness.

Could we suppose two distinct incommunicable consciousnesses acting the same body, the one constantly by day, the other by night; and, on the other side, the same consciousness, acting by intervals, two distinct bodies: I ask, in the first case, whether the day and the night—man would not be two as distinct persons as Socrates and Plato? And whether, in the second case, there would not be one person in two distinct bodies, as much as one man is the same in two distinct clothings? Nor is it at all material to say, that this same, and this distinct consciousness, in the cases above mentioned, is owing to the same and distinct immaterial substances, bringing it with them to those bodies; which, whether true or no, alters not the case: since it is evident the personal identity would equally be determined by the consciousness, whether that consciousness were annexed to some individual immaterial substance or no. For, granting that the thinking substance in man must be necessarily supposed immaterial, it is evident that [that] immaterial thinking thing may sometimes part with its past consciousness, and be restored to it again: as appears in the forgetfulness men often have of their past actions; and the mind many times recovers the memory of a past consciousness, which it had lost for twenty years together. Make these intervals of memory and forgetfulness to take their turns regularly by day and night, and you have two persons with the same immaterial spirit, as much as in the former instance two persons with the same body. So that self is not determined by identity or diversity of substance, which it cannot be sure of, but only by identity of consciousness.

Indeed it may conceive the substance whereof it is now made up to have existed formerly, united in the same conscious being: but, consciousness removed, that substance is no more itself, or makes no more a part of it, than any other substance; as is evident in the instance we

have already given of a limb cut off, of whose heat, or cold, or other affections, having no longer any consciousness, it is no more of a man's self than any other matter of the universe. In like manner it will be in reference to any immaterial substance, which is void of that consciousness whereby I am myself to myself: [if there be any part of its existence which] I cannot upon recollection join with that present consciousness whereby I am now myself, it is, in that part of its existence, no more *myself* than any other immaterial being. For, whatsoever any substance has thought or done, which I cannot recollect, and by my consciousness make my own thought and action, it will no more belong to me, whether a part of me thought or did it, than if it had been thought or done by any other immaterial being anywhere existing.

I agree, the more probable opinion is, that this consciousness is annexed to, and the affection of, one individual immaterial substance. But let men, according to their diverse hypotheses, resolve of that as they please. This every intelligent being, sensible of happiness or misery, must grant—that there is something that is *himself*, that he is concerned for, and would have happy; that this self has existed in a continued duration more than one instant, and therefore it is possible may exist, as it has done, months and years to come, without any certain bounds to be set to its duration; and may be the same self, by the same consciousness continued on for the future. And thus, by this consciousness he finds himself to be the same self which did such and such an action some years since, by which he comes to be happy or miserable now. In all which account of self, the same numerical *substance* is not considered a making the same self; but the same continued *consciousness*, in which several substances may have been united, and again separated from it, which, whilst they continued in a vital union with that wherein this consciousness then resided, made a part of that same self. Thus any part of our bodies, vitally united to that which is conscious in us, makes a part of ourselves: but upon separation from the vital union by which that consciousness is communicated, that which a moment since was part of ourselves, is now no more so than a part of another man's self is a part of me: and it is not impossible but in a little time may become a real part of another person. And so we have the same numerical substance become a part of two different persons; and the same person preserved under the change of various substances. Could we suppose any spirit wholly stripped of all its memory of consciousness of past actions, as we find our minds always are of a great part of ours, and sometimes of them all; the union or separation of such a spiritual substance would make no variation of personal identity, any more than that of any particle of matter does. Any substance vitally united to the present thinking being is a part of that very same self which now is; anything united to it by a consciousness of former actions, makes also a part of the same self, which is the same both then and now.

*Person*, as I take it, is the name for this self. Wherever a man finds what he calls himself, there, I think, another may say is the same person. It is a forensic term, appropriating actions and their merit; and so belongs only to intelligent agents, capable of a law, and happiness, and misery. This personality extends itself beyond present existence to what is past, only by consciousness,—whereby it becomes concerned and accountable; owns and imputes to itself past actions, just upon the same ground and for the same reason as it does the present. All which is founded in a concern for happiness, the unavoidable concomitant of consciousness; that which is conscious of pleasure and pain, desiring that that self that is conscious should be

happy. And therefore whatever past actions it cannot reconcile or *appropriate* to that present self by consciousness, it can be no more concerned in than if they had never been done: and to receive pleasure or pain, i.e. reward or punishment, on the account of any such action, is all one as to be made happy or miserable in its first being, without any demerit at all. For, supposing a *man* punished now for what he had done in another life, whereof he could be made to have no consciousness at all, what difference is there between that punishment and being *created* miserable? And therefore, conformable to this, the apostle tells us, that, at the great day, when every one shall 'receive according to his doings, the secrets of all hearts shall be laid open.' The sentence shall be justified by the consciousness all persons shall have, that *they themselves*, in what bodies soever they appear, or what substances soever that consciousness adheres to, are the *same* that committed those actions, and deserve that punishment for them. . . .

To conclude: Whatever substance begins to exist, it must, during its existence, necessarily be the same: whatever compositions of substances begin to exist, during the union of those substances, the concrete must be the same: whatsoever mode begins to exist, during its existence it is the same: and so if the composition be of distinct substances and different modes, the same rule holds. Whereby it will appear, that the difficulty or obscurity that has been about this matter rather rises from the names ill-used, than from any obscurity in things themselves. For whatever makes the specific idea to which the name is applied, if that idea be steadily kept to, the distinction of anything into the same and divers will easily be conceived, and there can arise no doubt about it.

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