

Reading Assessment Form

The following statements are designed to assess your own reading strategies and practices. For each item below, please mark the rating that best reflects your current experience in *academically related* reading assignments. Answering honestly and accurately will help you to generate a realistic picture of how you read for understanding and learning. Once you are aware of what you do now, you can more easily choose where you want to make adjustments or improvements to increase your success in reading.

	Ratings			
Always	Never/Rarely	Sometimes	Often	Almost
1. I am familiar with and use a reading "system" as I read.	1	2	3	4
2. I preview my reading assignments briefly before reading them.	1	2	3	4
3. After previewing, I generate questions about the materials and search for answers to them as I read.	1	2	3	4
4. I underline/highlight or take notes on main points and supporting evidence in the text after reading.	1	2	3	4
5. I read manageable portions of a chapter rather than the whole thing at once.	1	2	3	4
6. I read "actively" and write down comments and notes in the margins.	1	2	3	4
7. I stop periodically as I read to check my understanding of the material.	1	2	3	4
8. I make summary notes or outlines of what I have read and marked.	1	2	3	4
9. I review my notes and markings after reading and two or three times later on.	1	2	3	4
10. I vary my reading practices to fit the type and difficulty of the material I read.	1	2	3	4

Reading practices such as these can greatly increase your learning and recall of important information. Regular review of your notes or highlighting from your reading can make future learning easier and reduce the amount of energy and time you will need to spend later on when preparing for tests.