

table 25.1

## Instrumental Activities of Daily Life

Domain	Exemplar Task
Managing medications	Determining how many doses of cough medicine can be taken in 24-hour period Completing a patient medical history form
Shopping for necessities	Ordering merchandise from a catalog Comparison of brands of a product
Managing one's finances	Comparison of Medigap Insurance Plans Completing tax return for income tax form
Using transportation	Computing taxi rates Interpreting driver's right-of-way laws
Using the telephone	Determining amount to pay from phone bill Determining emergency phone information
Maintaining one's household	Following instructions for operating a household appliance Comprehending appliance warranty
Meal preparation and nutrition	Evaluating nutritional information on food label Following recipe directions

Source: Willis, 1996.