

Genetic Counseling

In general, prenatal, preconceptual, or even prenuptial genetic counseling and testing are recommended for:

- Individuals who have a parent, sibling, or child with a serious genetic condition
- Couples who have a history of early spontaneous abortions, stillbirths, or infertility
- Couples who are from the same ethnic group or subgroup—especially if the group is a small one with a high rate of intermarriage, and most particularly if the couple are relatives
- Women over age 34