Prepping

Abdominal and Vaginal Prepping
SRGT 1505
Kathy Baumbach
Abdominal Prep
Gather supplies
Open Prep Tray
Expose Patient
Don Sterile Gloves
Arrange Prep Tray
Pour scrub over sponges and paint solution over sticks
Place side towels, cuffing hands
Clean umbilicus with Q-tip
Starting at incision line, prep with scrub solution and work away from incision line.
Prep away from incision line
Discard sponge in garbage and repeat procedure for 3-4 minutes
Blot dry, careful not to touch unsterile surfaces with sterile gloves.
Pat dry, avoiding placing unsterile wrist area on towel
Peel back towel, everting edges of towel
Paint area, beginning at incision site, with paint solution on paint stick
Paint in ever widening circles away from incision site until entire area is covered.
Remove side towels
Completed abdominal prep
Vaginal Prep
Gather Supplies
Open prep tray
Expose prep area
Don sterile gloves
Arrange prep tray
Place towel under the buttocks, cuffing sterile hands.
Prep mons pubis and midline perineum with sponge and scrub solution
Discard sponge once it has gone over the anus
Prep one side of labia and progress to mid medial thigh, going away from the midline, discard sponge.
Prep the opposite side in same fashion, discard sponge
Internal scrub with paint stick and scrub solution. Insert until it stops and circle, or twirl, outward.
Blot dry
Blot dry internally with paint stick
Paint mons pubis and midline perineum with paint solution, discard sponge after painting anus
Paint one side of labia and progress to mid medial thigh, going away from the midline, discard sponge.
Paint the opposite side in the same fashion, discard sponge
Internal paint with paint stick and paint solution. Insert until it stops and circle, or twirl, outward.