

HOPE FOR HEROES

What is HOPE for HEROES mission?

- HOPE for HEROES' mission is to provide confidential counseling at NO CHARGE for military personnel and their family members who have counseling needs as a result of service in Iraq or Afghanistan.

Who Qualifies?

- Military who have served in Iraq or Afghanistan
 - Any Branch of Service
 - Active, Guard, Reserve, Discharged
- Family Members (spouses, children, siblings, & parents)
 - During Deployment
 - After Deployment

What services are offered?

- Individual
- Group
- Family / Couples
- Adult and Children
- Workshops
- Presentations to FRG's and Units upon request

How can HOPE for HEROES provide counseling at no cost to me?

The Samaritan Center received a \$300,000 two-year grant from the Texas Resources for Iraq and Afghanistan Deployment (TRIAD) Fund of the San Antonio Area Foundation. The grant will allow us to see people in our office as well as send outreach counselors to provide mental health services in homes, schools, churches, and other non-traditional settings for military families located in Williamson, Travis and Hays counties at NO CHARGE.

Will I have Confidentiality?

- All counseling services are confidential.

- We do not report anything to the military unless it is at your request and you provide a signed release of information.

Who provides these Services?

- Our counselors have experience with the military either as a combat veteran, veteran, or being in a military family.
- All of our counselors are Masters Level Therapists

Why Counseling?

If any feelings and reactions you are experiencing seem unusual, intensified, exaggerated, or prolonged you may benefit from speaking to a professional counselor.

How many times do I meet with a counselor?

- We do not have a session limit
- Our sessions are 50 min and the number of times you come will be determined by you and your counselor.

What kind of paperwork will I need to do and what documentation do you need?

- We have a few short and simple forms for you to complete that will take about ten minutes of your time.
- We will need a copy of the soldiers DD-214, Deployment Orders, or a medal that showed service in Iraq or Afghanistan during OIF or OEF.

How are you related to the Samaritan Center for Counseling and Pastoral Care?

- HOPE for HEROES is a part of The Samaritan Center.

I see Pastoral Care in your name is this Religious Counseling?

- Our staff is sensitive to spiritual issues, but the Center is not a sectarian agency and does not impose religious concepts on our clients. We do offer the choice of incorporation of your spiritual tradition if you choose. The HOPE for HEROES program does not have any pastoral counselors on staff.

How do I Contact HOPE for HEROES?

- Main Office: (512)-451-7337
- Mobile: (512)-633-HOPE (4673)
- Toll Free: 1-800-426-HOPE (4673)
- Email: HopeforHeroes@samaritan-center.org

How do I make an Appointment?

- Call or email us and request a HOPE for HEROES counselor.
- While no referrals are necessary to military families seeking assistance through this program, Hope for Heroes needs to be mentioned when making an appointment.