Medicare Information Source

This information is provided by SRC for Medicare Information. (The costs that are used in these examples are from 2006.)

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Medicare Part A

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What is it?
Medicare Part A is the portion of Medicare that is available premium free to all eligible individuals. Medicare Part A provides services associated with hospital, hospice, skilled nursing care, and home health care.

What does Medicare Part A cover?
Part A covers the costs associated with these types of health care:

- Inpatient hospital stays or
- Stays at a skilled nursing facility (i.e., where medically necessary skilled nursing and rehabilitation care are provided, in contrast to a nursing home providing custodial care)
- Home health care
- Psychiatric inpatient care
- Hospice care
Medicare Part A coverage is based on benefit periods

How are benefit periods determined?
Medicare Part A coverage is tied to a benefit period of 60 days for a spell of illness. A spell of illness benefit period commences on the first day of your stay in a hospital or in a skilled nursing facility and continues until 60 consecutive days have lapsed and you have received no skilled care. Medicare does not cover care that is or becomes primarily custodial, such as assistance with bathing and eating.

Your benefit period with Medicare, the spell of illness, does not end until 60 days after discharge from the hospital or the skilled nursing facility. Therefore, if you are readmitted within those 60 days, you are considered to be in the same benefit period. On the other hand, Medicare considers it a new spell of illness if you are readmitted more than 60 days after discharge. The good news is that this means that if you are readmitted within 60 days, you are not charged another deductible; the bad news is that your previous admission is tacked on to the second one in calculating the percentage amount Medicare will cover, since Medicare full coverage is only for 60 days. There is no limit on the number of spells of illness Medicare will cover in your lifetime.

Example(s): Uncle George goes into the hospital June 1 and is discharged July 31 so he can keep his commitment to go skydiving on Labor Day. On November 1, he is readmitted to the hospital. Once he pays his deductible again, Medicare will pay all his costs until December 30. If, however, George is readmitted to the hospital within 60 days of his July 31 discharge, there is no additional deductible.

Coverage for inpatient care in a hospital
For inpatient hospital stays, Medicare will pay:

- 100 percent of costs for up to 60 days of inpatient care, after you pay the deductible.
- After 60 days, beneficiaries are responsible for coinsurance costs. In 2006, beneficiaries must pay $238/day (up from $228/day in 2005).
- Beneficiaries are also entitled to a lifetime reserve of 60 additional days. If those reserve days are also used, beneficiaries must pay $476/day in 2006 (up from $456/day in 2005) for days 91 to 150.
- If you choose not to use your lifetime reserve, all Medicare coverage stops after 90 days of inpatient care or after 60 days without any skilled care for this spell of illness.
- Example(s): Grandpa is admitted to the hospital September 1, 2006. After he pays the deductible of $952, Medicare will pay for the cost of his stay for 60 days. If he stays in the hospital an additional 30 days, he is responsible for paying $238/day. Medicare will pay the balance. If Grandpa has supplemental insurance, he can submit a claim for the $952 deductible and the $238/day he paid. If he stays longer than 90 days, he may choose to use some of his lifetime reserve days to continue his Medicare coverage. If he does, he is responsible for paying $476/day for any days after 90 days, which again he can submit to his supplemental insurance company. After 150 days of a continuous inpatient stay, Medicare coverage has been exhausted for this spell of illness.

Note:
Tip: Part A coverage pays for all Medicare-approved inpatient hospital costs except for your physician bills, which are covered under Part B. Medicare approves costs considered reasonable and medically necessary.
Specific inpatient hospital services covered under Part A

Specific services covered under Part A include:

- A semiprivate room
- Meals
- Nursing services, including nursing in special care units such as intensive care
- Medications administered while in the hospital
- Clinical laboratory tests
- X-ray and radiotherapy
- Medical supplies, such as dressings and intravenous lines
- The use of equipment such as wheelchairs
- Operating room and recovery room charges
- Rehabilitation services, such as physical therapy and speech pathology, provided in the hospital

Medicare will not pay for items considered luxuries, such as a television in your room or for a private room, unless your condition renders it medically necessary.

Coverage for skilled nursing facility care

What is a skilled nursing facility? The short answer is--not a nursing home. Medicare does not cover nursing home care but does cover care in a skilled nursing facility, which may be housed in a nursing home or in a hospital or may be freestanding. The significant attribute is the kind of care provided. A skilled nursing facility provides medically necessary nursing and/or rehabilitation services.

To receive Medicare coverage for care in a skilled nursing facility:

- A physician must certify that you require daily skilled care that can only be provided for an inpatient in a skilled nursing facility
- You must have been an inpatient in a hospital for at least three consecutive days for the same illness or condition before being admitted to the skilled nursing facility
- Your admission to the skilled nursing facility must be within 30 days of discharge from the hospital to receive Medicare
- The facility must be Medicare-approved to provide skilled nursing care

Coverage is limited to a maximum of 100 days per benefit period, with coinsurance requirements of $119/day in 2006 (up from $114/day in 2005) per day after day 20. Coverage includes:

- A semiprivate room
- Meals
- Rehabilitation services
- Prescription drugs administered while in the facility
Coverage for home health care
Home health care is care provided to you at home, typically by a visiting nurse or home health care aide. Medicare Part A covers medically necessary home health care offered by a provider certified by Medicare to provide home health care. Medicare pays the lower of:

- The actual cost for Medicare approved services,
- An aggregate per visit limit, or
- An aggregate per beneficiary limit

To receive home health services under Medicare, the following rules apply:

- You must be confined to your home
- Your physician must certify the care as medically necessary and approve the treatment plan

You should also be aware that:
Medicare does not cover care that is primarily custodial, such as assistance in performing daily tasks

Medicare will cover services such as nursing service, physical therapy, speech therapy, occupational therapy, and 20 percent of the cost of durable medical equipment, such as a wheelchair

Currently there are no benefit periods, deductibles, co-payment, or coinsurance requirements for home health care

Example(s): Following her back operation, Mom was confined to her home. Medicare covered the cost of visiting nurses who came to her home to change her surgical dressing and provide other needed nursing care. Medicare also covered the cost of therapy Mom received from a physical therapist who came to her home three times a week.

Coverage for psychiatric hospitalization
For inpatient psychiatric care, Medicare Part A will pay for the same kinds of services as if you were hospitalized in a general hospital:

Semiprivate room
Meals
Nursing care
Rehabilitation services, such as physical or occupational therapy
Prescription drugs administered in the hospital
Medical supplies
Lab tests, X-rays, and radiotherapy

An important distinction from care in a general hospital is that you must use a facility that accepts Medicare assignments on all claims. Deductibles and coinsurance costs are the same as for a regular inpatient hospital stay. In the course of your life, Medicare will only pay for 190 days of inpatient psychiatric care.
Coverage for hospice care

Hospice care is care for the terminally ill. Hospice care covered by Medicare Part A is comprehensive coverage, at home, for symptom management and pain control for the terminally ill.

To receive coverage:

- The health-care provider must be certified by Medicare to provide hospice care
- The patient’s doctor and the hospice care director must certify that the patient is terminally ill (i.e., has a life expectancy of six months or less)
- The patient must elect hospice coverage for the terminal illness instead of standard Medicare benefits, although Medicare will continue to cover care provided that it is not related to the terminal illness

Services include nursing care, medical appliances and supplies, prescriptions, home health aide and homemaker services, medical social services, and counseling.

Example(s): Sue is 95 and has terminal cancer. She decided she would rather have hospice care under her Medicare coverage so that she can stay at home and receive assistance to live her final days in as much comfort as possible. She receives pain medication, counseling, and assistance with meal preparation and other household tasks. Sue falls and breaks her hip. She will receive her regular Medicare coverage for treatment of her hip.

There are only two categories of costs for which a Medicare hospice patient may be responsible:

- A co-payment of up to $5 for each outpatient prescription for pain relief or symptom management.
- Respite care. The hospice may arrange for the hospice patient to be moved to an inpatient facility for up to five days at a time to provide respite to the hospice care personnel. The Medicare beneficiary may be charged a nominal daily fee for the inpatient care.

This document is provided as general information. Please check with SRC or your healthcare provider regarding individual, specific benefits.