

OCTOBER 1, 2009

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ISSUE IV

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State Employee Charitable Campaign

ACC's participation in the State Employee Charitable Campaign begins today, October 1st!

For more information on the Campaign visit the website at <http://www.austincc.edu/hr/secc/index.php>.

Records

Beginning October 12, 2009, current and returning ACC employees will be given an opportunity to re-identify their ethnicity and race information through Employee Online Services using the new requirements issued by the U.S. Department of Education.

To learn more about the revised ethnicity and race categories click on [ACC Adopts Revised Federal Race and Ethnicity Categories](#).

If you have any questions, contact Bobetta Burns at bburns@austincc.edu.

Wellness Information

Wellness Information – Community Programs

My friends and I have created a team for this year's Race for the Cure on Nov 1st. Would you like to join the team? This is just the kind of motivation that I need to get that cardio in every week.

The race is a 5K, on Sunday, Nov 1st. The race fee is \$30 for untimed or \$35 for timed.

If you would like to register, visit: [Race for the Cure Austin](#) Click join a team. Then you can search for our team: [Let's Hear It for the Girls](#). Samantha Botello is the team captain. Click join on the far right side when the team is displayed.

Our team fund raising goal is \$1,000 because we were not sure how many team members we would end up with. (We can always lower or raise it later.) When you register, it automatically suggests \$200 as your personal goal. You can change that goal to one you are comfortable with. There is no obligation to raise funds. It is a personal decision.

Can't wait 'til the race. :) Hope to see you there!

Katrina Gadison (Customized Training)

Benefits

Walk Texas

Congratulations to Leanne Brantner, the winner of this summer's ACC Walk Texas program. She racked up an amazing 2,292 points in just 10 weeks. Enjoy your \$25 Visa gift card, Leanne! And congratulations to the Cypress Creek Live Strong team led by team leader Lisa Jones for having the highest average points per person at 708.37 points! The team won a \$100 Visa gift card to spend as they please.

A new 10-week session of Walk Texas starts Monday, October 12 and runs through Sunday, December 20. The Walk Texas program encourages people to become more physically active. Set goals for yourself, track your physical activity using a point system and join your campus team or start a team of your own. Compete for prizes and bragging rights.

A list of team leaders can be found at <http://www.austincc.edu/hr/wellness/>. Contact your team leader to sign up. **We are currently looking for volunteers to serve as team leaders at Eastview, Cypress Creek and Riverside campuses.**

Please contact Kelly Grant at 223-7230 or kgrant@austincc.edu to become a campus team leader, or for more information.

Diabetes Support Group for ACC Staff and Faculty

Diabetes: Take Action!

This is a group for anyone who has diabetes or is interested in learning more about diabetes. Group Leader is Sandra Gaskin (Sandy) RN, MSN

Sandy has spent most of her nursing career teaching about diabetes and helping others manage their diabetes.

The group will meet the 4th Friday of the month except for November and December, when we will meet the third Friday. Sessions will include "What is Diabetes", "What is all the fuss about food and diabetes", "I have to get up and get moving?!", "What does my medication really do?"

First support group meeting will be held on October 30, 2009 at HBC from 12:30-1:30 pm, room TBD.

Sign up, come and have fun and learn a lot! To register, please email avaldez1@austincc.edu. For questions, call Alisol V. Martinez, HR Specialist II at 512.223.7800. Please register by October 16th.

Professional Development

ACC Leadership Awards Program Nominations!

The time is here to nominate one or more of your colleagues for an ACC Leadership Award. This is a perfect opportunity to let your colleagues know that their leadership and dedication to ACC and its students has not gone unnoticed.

The ACC Leadership Award program is intended to recognize individual employees who have demonstrated excellence in the performance of their College duties and responsibilities. Individuals to be nominated should have played leadership roles in efforts that delivered substantial benefits to ACC as a whole, to a community served by ACC or to another external population. The following awards will be given to a deserving nominee each year:

- Classified Employee of the Year
- Professional Technical Employee of the Year
- Administrator of the Year

In addition, special President's "Above and Beyond" Leadership Awards may be given each year:

- ACC Community Volunteer of the Year
- Student Success Award
- Servant-Leadership Award
- The Bright Idea Award

The nomination deadline is November 6th. To learn more about this awards program, the nomination process, or submit a nomination, please go to <http://www.austincc.edu/hr/profdev/awards/>.