

Sample Checklist

I have my passport and copies of my passport

I have my visa (if applicable).

I have copies of my flight itinerary.

I have made the appropriate language preparations. i.e. dictionary, tapes, phrase book, etc

I have created a budget for my personal expenses.

I have sufficient prescription medications for my stay abroad.

I have an extra pair of glasses (if applicable)

I have researched my host country

I have purchased the necessary medical insurance.

I have a copy of my travel information, credit card numbers, and bank account to a relative in case of emergency.

Etc

Etc

Etc

Etc

Be responsible! Create a thorough checklist for yourself.