Using the 68-95-99.7 rule for normal distributions

The question: In a normal distribution, what proportion of scores are ……?

Answer: In some special cases, we can answer that question very easily, using the 68-95-99.7 rule.

Fact:
In a normal distribution, about _____ of the scores are within _______ standard deviations of the mean.

Illustrations: Label these pictures with whatever scale you wish. Some of my illustrations use a mean of 31 and a standard deviation of 4.