Master Syllabus

**RECT 2431: Therapeutic Recreation Program Planning**

**section number and synonym**

**course time and location**

**Instructor Name**

**Instructor**: Office Hours

Office Location and Number

Phone, Email, Website

Arranging conferences/appointments

### Course Description

This course provides the development of knowledge and skills required to effectively plan recreation and leisure programs that meet the physical, psychological, and social needs of participants. Major topics include assessment techniques, goal writing, developing outcome measures, facilitation and implementation techniques, adaptations and evaluations.

**Prerequisites**

RECT 1301 and prior completion or concurrent enrollment in RECT 1341 and RECT 1342.

Course Rationale

This course is designed to provide an understanding and working knowledge of the Therapeutic Recreation program planning process. The format allows students to learn the various steps of effective program planning and to practice them in the field.

**Student Learning Outcomes**

Upon successful completion of the course, the student will be able to demonstrate the knowledge of:

* rationale for Therapeutic Recreation and Therapeutic Recreation program planning.
* how agencies organize for program planning.
* the steps of the planning process.
* factors affecting program planning.
* present and future challenges in program planning.
* ability to plan/lead programs in at least one setting.

**Program-Level Student Learning Outcomes**

Upon successful completion of this Human Services program, students will be able to demonstrate:

* + good listening and communication skills
  + developing appropriate and positive relationships with clients
  + leadership skills
  + creativity and appropriateness in planning activities
  + applying professional/technical skills and knowledge well

**SCANS Competencies:** The U.S. Department of Labor established the Secretary's Commission on Achieving Necessary Skills (SCANS) to examine the demands of the workplace and whether the nation's students are capable of meeting those demands. The SCANS Competencies are incorporated into this Human Services course as follows:

**1. Resources:**

* + 1. Allocates time for completing assignments and attending class.
    2. Organizes information required for passing examinations.
    3. **2. Interpersonal:**
    4. Participates/speaks as a member of a team when completing group activities.
    5. Works well with others including those from culturally diverse backgrounds.
    6. **3. Information:**
    7. Acquires and evaluates information presented in lectures.
    8. Uses computers to process information.
    9. **4. Basic Skills:**
    10. Demonstrates ability to read the textbook and assignments.
    11. Demonstrates ability to write when completing assignments.
    12. **5. Thinking Skills:**
    13. Demonstrates ability to make and communicate decisions. think creatively,
    14. solve problems,
    15. **6. Personal Qualities**

Demonstrates responsibility, integrity, honesty, self-management, and

sociability

### Required Textbook

# Stumbo, Norma J., and Peterson, Carol Ann, Therapeutic Recreation Program Design: Principles and Procedures, 5th Edition, Pearson, Benjamin Cummings Publishing, 2009.

Instructional Methodology

This course will include lecture, videos, guest speakers, Internet research, and individual and small group exercises related to course material, as well as outside fieldwork hours. Additionally, students will work together as a class to develop and implement a special event, which will include time outside of the classroom. This course is worth 4 credit hours, rather than the standard 3 credit hours. The extra 1 credit hour is **MANDATORY lab/fieldwork hours** (1 extra hour per week, over the standard 3 hours per week class time). These lab/fieldwork hours will be completed as a class at specific days/times throughout the semester at the instructor’s direction. **These hours MUST be completed in order to pass the course.**

**Course Requirements**

Case Study Program Plan Paper – 100 points

Individual Program Plan Paper – 200 points

Class Project – 200 points

Exam- 100 points

Class participation/attendance – 100 points

**Total Points Total – 700 points**

### Grading System

### A = 630 - 700 points

**B** = 560 - 629 points

### C = 490 - 559 points

**D** = 420 - 489 points

**F** = 419 points or less

**Assignment Policies**

All assignments are due on or before the due date.

Late assignments will counted down 10 points for every day they are late.

Written assignments may be submitted to Blackboard at <http://acconline.austincc.edu>

**No assignments will be accepted one week past the due date.**

### Explanation of Assignments

**Written Assignments**

All written assignments must be typed, double spaced, 12-14 point font, with one inch margins on all sides. All papers must be 2-3 pages in length. Assignments will be graded on content, grammar, spelling and length.

**Case Study Program Plan**

Design a Therapeutic Recreation program plan based on a case study that will be given in class. Write a paper explaining the assessment process and the program plan details, according to the attached guidelines.

**Individual Program Plan**

Design and implement a Therapeutic Recreation program plan for an individual (friend, family member, volunteer, or fellow student). Monitor the progress of the individual throughout the semester (a minimum of 8 weeks), then follow up with an evaluation of the plan. Write a paper explaining the plan. A brief oral presentation will be given to the class explaining the plan.

**Class Project**

As a class, assess, plan, implement and evaluate a Therapeutic Recreation program/activity (special event) at a facility that provides Therapeutic Recreation services to persons with disabilities. Students will be graded on participation and involvement before, during and after the program. At the conclusion of the program, students will write a 2-3 page reaction paper summarizing personal contributions and reactions to the experience. ***This assignment satisfies part of the required lab/fieldwork hours; therefore, hours outside of class time will be required for this assignment.***

# Exam

The exam will include all material covered, including textbook readings, class lectures, guest speakers, videos, handouts, and the special event. Each exam will consist of true/false, multiple choice, sentence completion, and short answer questions.

**Course Policies**

**Attendance/Class Participation**

Regular and punctual class and laboratory attendance is expected of all students. If attendance or compliance with other course policies is unsatisfactory, the instructor may withdraw students from the class. Participation and attendance are an essential part of this course. Attendance is taken in each class and points are earned for each class attended **on time and stayed until the end** and for which student are **active** participants. ***All cell phones must be turned off during the class. Computers may only be used for note taking during class.***

**Withdrawal Policy**

It is the responsibility of each student to ensure that his or her name is removed from the roll should he or she decide to withdraw from the class. The instructor does, however, reserve the right to drop a student should he or she feel it is necessary. If a student decides to withdraw, he or she should also verify that the withdrawal is submitted before the Final Withdrawal Date. The student is also strongly encouraged to retain their copy of the withdrawal form for their records. Students who enroll for the third or subsequent time in a course taken since Fall, 2002, may be charged a higher tuition rate, for that course.

State law permits students to withdraw from no more than six courses during their entire undergraduate career at Texas public colleges or universities. With certain exceptions, all course withdrawals automatically count towards this limit. Details regarding this policy can be found in the ACC college catalog.

**Incompletes**

An instructor may award a grade of “I” (Incomplete) if a student was unable to complete all of the objectives for the passing grade in a course. An incomplete grade cannot be carried beyond the established date in the following semester. The completion date is determined by the instructor but may not be later than the final deadline for withdrawal in the subsequent semester.

**Statement on Scholastic Dishonesty**

A student attending ACC assumes responsibility for conduct compatible with the mission of the college as an educational institution. Students have the responsibility to submit coursework that is the result of their own thought, research, or self-expression. Students must follow all instructions given by faculty or designated college representatives when taking examinations, placement assessments, tests, quizzes, and evaluations. Actions constituting scholastic dishonesty include, but are not limited to, plagiarism, cheating, fabrication, collusion, and falsifying documents. Penalties for scholastic dishonesty will depend upon the nature of the violation and may range from lowering a grade on one assignment to an “F” in the course and/or expulsion from the college. See the Student Standards of Conduct and Disciplinary Process and other policies at http://www.austincc.edu/current/needtoknow

**Student Rights and Responsibilities**

Students at the college have the rights accorded by the U.S. Constitution to freedom of speech, peaceful assembly, petition, and association. These rights carry with them the responsibility to accord the same rights to others in the college community and not to interfere with or disrupt the educational process. Opportunity for students to examine and question pertinent data and assumptions of a given discipline, guided by the evidence of scholarly research, is appropriate in a learning environment. This concept is accompanied by an equally demanding concept of responsibility on the part of the student. As willing partners in learning, students must comply with college rules and procedures.

**Statement on Students with Disabilities**

Each ACC campus offers support services for students with documented disabilities.  Students with disabilities who need classroom, academic or other accommodations must request them through the Office for Students with Disabilities (OSD).   Students are encouraged to request accommodations when they register for courses or at least three weeks before the start of the semester, otherwise the provision of accommodations may be delayed. Students who have received approval for accommodations from OSD for this course must provide the instructor with the ‘Notice of Approved Accommodations’ from OSD before accommodations will be provided.

Arrangements for academic accommodations can only be made after the instructor receives the ‘Notice of Approved Accommodations’ from the student.  Students with approved accommodations are encouraged to submit the ‘Notice of Approved Accommodations’ to the instructor at the beginning of the semester because a reasonable amount of time may be needed to prepare and arrange for the accommodations. Additional information about the Office for Students with Disabilities is available at<http://www.austincc.edu/support/osd/>

**Safety Statement**

Austin Community College is committed to providing a safe and healthy environment for study and work. You are expected to learn and comply with ACC environmental, health and safety procedures and agree to follow ACC safety policies. Additional information on these can be found at http://www.austincc.edu/ehs. Because some health and safety circumstances are beyond our control, we ask that you become familiar with the Emergency Procedures poster and Campus Safety Plan map in each classroom. Additional information about emergency procedures and how to sign up for ACC Emergency Alerts to be notified in the event of a serious emergency can be found at <http://www.austincc.edu/emergency/>. Please note, you are expected to conduct yourself professionally with respect and courtesy to all. Anyone who thoughtlessly or intentionally jeopardizes the health or safety of another individual will be dismissed from the day’s activity, may be withdrawn from the class, and/or barred from attending future activities. You are expected to conduct yourself professionally with respect and courtesy to all. Anyone who thoughtlessly or intentionally jeopardizes the health or safety of another individual will be immediately dismissed from the day’s activity, may be withdrawn from the class, and/or barred from attending future activities.

**Use of ACC email**

All College e-mail communication to students will be sent solely to the student’s ACCmail account, with the expectation that such communications will be read in a timely fashion. ACC will send important information and will notify you of any college related emergencies using this account. Students should only expect to receive email communication from their instructor using this account. Likewise, students should use their ACCmail account when communicating with instructors and staff. Instructions for activating an ACCmail account can be found <http://www.austincc.edu/accmail/index.php>.

**Testing Center Policy**

Under certain circumstances, an instructor may have students take an examination in a testing center. Students using the Academic Testing Center must govern themselves according to the Student Guide for Use of ACC Testing Centers and should read the entire guide before going to take the exam. To request an exam, one must have:

[**ACC Photo ID**](http://www.austincc.edu/support/admissions/student_id.php)

Course Abbreviation (e.g., ENGL)

Course Number (e.g.,1301)

Course Synonym (e.g., 10123)

Course Section (e.g., 005)

Instructor's Name

Do NOT bring cell phones to the Testing Center. Having your cell phone in the testing room, regardless of whether it is on or off, will revoke your testing privileges for the remainder of the semester. ACC Testing Center policies can be found at <http://www.austincc.edu/testctr/>

**Student And Instructional Services**

ACC strives to provide exemplary support to its students and offers a broad variety of opportunities and services. Information on these services and support systems is available at:  [http://www.austincc.edu/s4/](http://www.austincc.edu/current/)

Links to many student services and other information can be found at: http://www.austincc.edu/current/

ACC Learning Labs provide free tutoring services to all ACC students currently enrolled in the course to be tutored. The tutor schedule for each Learning Lab may be found at: <http://www.autincc.edu/tutor/students/tutoring.php>

For help setting up your ACCeID, ACC Gmail, or ACC Blackboard, see a Learning Lab Technician at any ACC Learning Lab.

**Course Outline/Calendar**

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| --- | --- |
| **Week** | **Topic** |
| **1** | Foundations of Therapeutic Recreation |
| **2** | Therapeutic Recreation Models |
| **3** | Comprehensive Program Plans |
| **4** | Specific Program Plans |
| **5** | Individual Program Plans |
| **6** | Transition/Discharge Plans |
| **7** | Assessments |
| **8** | Assessments |
| **9** | Planning |
| **10** | Planning |
| **11** | Implementation |
| **12** | Implementation |
| **13** | Evaluation |
| **14** | Evaluation |
| **15** | Marketing and Planning Large Events |
| **16** | Trends in Therapeutic Recreation Programming |