

M2 – Leg Muscle



A. Muscles

1. psoas major muscle
2. iliacus muscle
3. gluteus maximus muscle
4. gluteus medius muscle
5. piriformis muscle
6. obturator internus muscle
- 7a. superior gemellus muscle
- 7b. inferior gemellus muscle
8. quadratus femoris muscle
9. tensor fasciae latae
10. sartorius muscle
- 11
 - a-d quadriceps femoris muscle
 - A. rectus femoris muscle
 - b. vastus medialis muscle
 - c. vastus lateralis muscle
 - d. vastus intermedius muscle
 - e. common tendon of the muscles 11a-d
12. pectineus muscle
13. adductor longus muscle
14. adductor magnus muscle
15. gracilis muscle
16. semitendinosus muscle
17. semimembranosus muscle
18.
 - a-b biceps femoris
 - A. caput longum
 - b. caput breve
19. tibialis anterior muscle
20. extensor hallucis longus muscle
21. extensor digitorum longus muscle
22. peroneus longus muscle
23. peroneus brevis muscle
24.
 - a-c triceps surae muscle
 - a-b gastrocnemius muscle
 - a. caput mediale
 - b. caput laterale
 - c. soleus muscle
 - d. Achilles tendon
25. plantaris muscle
26. popliteus muscle
27. flexor digitorum longus
28. tibialis posterior muscle
29. flexor hallucis longus
30. extensor hallucis brevis muscle
31. extensor digitorum brevis muscle
32. abductor hallucis muscle
33. flexor hallucis brevis
34. abductor digiti minimi muscle
35. flexor digiti minimi brevis
36. flexor digitorum brevis
37. lumbrical muscles
38. dorsal interosseous muscles of the foot.

B. Vessels

39. external iliac artery
- a. external iliac vein
40. internal iliac artery
41. obturator artery
42. superior gluteal artery
43. inferior gluteal artery
44. internal pudendal artery
45. femoral artery
- a. femoral vein
46. profunda femoris artery

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47. descending branch of the lateral circumflex artery
48. ascending branch of the lateral circumflex artery
49. a. circumflexa femoris medialis ramus profundus
50. perforating arteries
51. popliteal artery
52. lateral superior genicular artery
53. medial superior genicular artery
54. lateral inferior genicular artery
55. medial inferior genicular artery
56. posterior tibial artery
57. anterior tibial artery
58. peroneal artery

C. Nerves

59. femoral nerve
60. saphenous nerve
61. obturator nerve
62. plenus sacralis
63. sciatic nerve
64. medial popliteal nerve and posterior tibial nerve
65. common peroneal nerve
66. deep peroneal nerve
67. superficial peroneal nerve

D. Bones

68. fifth lumbar vertebra
69. sacrum
70. coccyx
71. iliac crest
72. anterior superior iliac spine
73. pubic bone
74. pubic symphysis
75. sciatic spine
76. sciatic tuber
77. greater trochanter
78. lesser trochanter
79. femur
80. medial epicondyle of the femur
81. lateral epicondyle of the femur
82. patella
83. tibia
84. medial malleolus
85. head of fibula
86. fibula
87. lateral malleolus
88. malleolus lateralis
89. navicular bone of the foot
90. i. metatarsal bone
91. v. metatarsal bone