

# M5 – Mini Mannequin



## I. Muscle

1. frontal venter of the occipitofrontal muscle
2. orbicularis oculi muscle
3. nasal muscle
4. levator muscle of the superior lip
5. greater zygomatic muscle
6. orbicularis oris muscle
7. depressor muscle of the angle of the mouth
8. superior auricular muscle
9. posterior auricular muscle
10. occipital venter of the occipitofrontal muscle
11. sternocleidomastoid muscle
12. scaleni muscles
13. levator muscle of the scapula
14. trapezius muscle

15. infraspinous muscle
16. latissimus dorsi muscle
17. gluteus maximus muscle
18. deltoid muscle
19. serratus anterior muscle
20. pectoralis major muscle
21. external oblique muscle of the abdomen
22. rectus abdominis muscle
23. sheath of the straight muscle of the abdomen
24. triceps muscle
25. biceps muscle
26. extensor carpi radialis longus muscle
27. extensor digitorum muscle
28. retinaculum of the extensors
29. extensor pollicis brevis muscle
30. brachioradial muscle
31. satorius muscle
32. rectus femoris muscle
33. pectineal muscle
34. gracilis muscle
35. adductor longus muscle
36. biceps muscle of the femur (long head)
37. semitendinosus muscle
38. semimembranosus muscle
39. gastrocnemius muscle
40. soleus muscle
41. calcanean tendon
42. extensor digitorum longus
43. tibialis anterior muscle
44. extensor digitorum brevis muscle
45. long peroneal muscle
46. inferior retinaculum of the extensor muscle

## II. Bones

- a. skull
- b. clavicle
- c. anterior superior iliac spine
- d. poples (hollow of the knee)
- e. kneecap
- f. skin-bone
- g. medial malleolus
- h. lateral malleolus
- i. calcaneum (heel bone)