

Student Field Activity Checklist

Meet at _____ no later than _____ on _____ (___/___/___). You can call _____ after _____ on ___/___/___ if you think the trip might be cancelled. We will return by _____.

Clothing

- _____ Wear clothing that can get dirty and sturdy shoes for walking on rocks and wet soil; **You must wear enclosed foot wear (i.e. no sandals or flip-flops) with heels that are <1 in. high.**
- _____ Dress to be outdoors for an extended period of time. Wear layers of clothing so that you can stay comfortable as temperature changes occur.
- _____ Wear long sleeve shirts and long pants if you are sensitive to weeds, poison ivy, or other plants. We may be walking through brush.
- _____ Bring a raincoat, poncho, and/or an umbrella if rain is forecast

Protection

- Protect yourself from the sun – consider wearing or bringing:
- _____ sunglasses
 - _____ sunscreen
 - _____ a hat

- Protect yourself from dry conditions – consider bringing:
- _____ Chapstick that includes sunscreen

Food and Drink

- _____ Bring a water bottle, canteen, or other source of water
- _____ Bring your lunch with you

Taking Notes

- _____ Bring a clipboard or other hard writing surface for taking notes. Be sure your note-taking surface can be protected from light rain.
- _____ Bring a pen with permanent ink or a pencil for taking notes. Most felt-tip pens are not recommended because the ink smears if the paper gets wet.

Things You Might Want to Bring (not required)

- _____ a backpack for your belongings
- _____ a camera
- _____ Ziploc bags for specimens